



2022 SWIM TEAM PRACTICE SCHEDULE

Preseason Saturday Mornings: **Starting June 18**

Seahorses and Practice	8:00 - 10:00 AM
Ages 11 & Ups Who Are NOT in Seahorses	10:00 - 11:00 AM
Ages 9-10	11:00 - 12:00 PM
Ages 7 -8	11:00 - 11:45 AM
Ages 6 and Unders/Pre-Swim	11:00 - 11:30 AM

Monday & Wednesday Evenings: starting June 13

Ages 6 & unders/Pre-Swim	6:00 - 6:30 PM
Ages 7 - 8	6:00 - 6:45 PM
Ages 9 - 10	6:00 - 7:00 PM
Ages 11 & Ups (include Seahorses)	7:00 - 8:00 PM

**Regular Monday thru Thursday Mornings: Starting June 27
(No July 4th Practice)**

Seahorses and Practice	7:15 – 9:15 AM
Ages 11 and Ups Who are NOT in Seahorses	9:15 – 10:30 AM
Ages 9 – 10s	10:30 – 11:30 AM
Ages 7 – 8s	10:45 – 11:30 AM
Ages 6 & Unders / Pre-Swim	11:00 – 11:30 AM

Fun Fridays, Starting July 1, 8, 15, 22, 29

Seahorses	9:00 - 10:00 AM
Ages 11 & Ups	10:00 - 11:00 AM
Ages 10 & Under	11:00 - 12:00 PM

Saturday Mornings: Starting July 9 (No July 2 Practice)

Seahorses and Practice	8:00 - 10:00 AM
Ages 11 & Ups Who Are NOT in Seahorses	10:00 - 11:00 AM
Ages 9-10	11:00 - 12:00 PM
Ages 7 -8	11:00 - 11:45 AM
Ages 6 and Unders/Pre-Swim	11:00 - 11:30 AM

Monday & Wednesday Evenings: starting June 27

Ages 6 & unders/Pre-Swim	6:00 - 6:30 PM
Ages 7 - 8	6:00 - 6:45 PM
Ages 9 - 10	6:00 – 7:00 PM
Ages 11 & Ups (include Seahorses)	7:00 – 8:00 PM